



SHAILY FEINBERG
Treatments • Trainings • Pro-Seminars

The Israeli Biodynamic Craniosacral & Polarity Center

Biodynamic Craniosacral Therapy

Professional certified Craniosacral Training

Shaily Feinberg

Portugal

Based on Dr. William Garner Sutherland, Dr. Rollin Becker,
Dr. Randolph Stone and Dr. Franklyn Sills and more.

♥ In appreciation Gratitude and love to my teacher Dr. Andrea Axt ♥



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MODULE 1

Biodynamic Craniosacral Therapy

3 approaches: mechanic - bio mechanic; Biodynamic and Energy based. "Inherent healing system" - "The Breath of life system": the craniosacral system, base lines, midline. Learning to palpate, to touch and listen. Understanding life movements. Conditional forces & shapes. 3 healing stages of Becker.

Whole body awareness. Introduction to Viscera. Augmentation.

Practitioner and relational touch; practitioner – client: deepening into the world of contact & listening. Embodiment awareness. Questioner, how to write and understand a Craniosacral Session. How to explain what Craniosacral Therapy is. Introduction to Viscera.

After module 1: 2 Supervision classes on zoom - 4 hrs each . (will be scheduled)

MODULE 2

Rhythms & Tides of the Breath of Life

The 3 Cranial tides of the Breath of Life - CRI - MIDTHIDE – LONGTIDE.

Dynamic Stillness, recognizing Health potency and the core of the Blueprint, Transmutation, Therapeutic Hologram. Biosphere and fluid body.

After module 2: Supervision class on zoom - 4 hrs. (will be scheduled)

MODULE 3

Advanced Biodynamic Craniosacral Therapy

Deepening with the 3 craniosacral approaches. Core-Link; understanding the interrelationship between the dural membranes tension to the bones

Compression-decompression. The SBJ; sphenoid-basilar-junction, occipital-sphenoid dynamic and Physiological and non-physiological patterns and lesions.

Facial dynamic: TMJ; temporal-mandibular Junction, Hyoid bone – tongue and swallowing, hard and soft palate. The Venous Sinuses and blood. Learning to palpate to be present and witness the healing potency and the Inherent wisdom of the Breath of life. Deepening with embodiments and verbal skills. Introduction to Viscera cont.

After module 3: Supervision class on zoom - 4 hrs. (will be scheduled)

MODULE 4

Biodynamic Craniosacral Therapy Trauma

Different approaches and methods working with Trauma such as: S.E - Peter Levine, Therapeutic Titration, Energy cysts, Trauma and Healing Vortex, T-1, Stress response, Polyvagal Theory and Craniosacral, Craniosacral verbal skills and Trauma, Spinal segments. Introduction to Viscera cont.

After module 4: 2 Supervision classes on zoom - 4 hrs each. (will be scheduled)

MODULE 5

Biodynamic Craniosacral Therapy working with children and other energy-based methods.

Bonding, Secure and all nonsecure Attachment behavior, Polarity Therapy and the relation To Craniosacral Therapy, Butterfly massage of Eva Reich, Metamorphic massage Intro to special needs.

After module 5: Supervision class on zoom - 4 hrs. (will be scheduled)

MODULE 6

Biodynamic Craniosacral Therapy with Pregnancy, Embryology Birth and after Birth.

Neoreichian Perinatal Approaches for Pregnant Women, Fetuses and Newborns.

Introduction to Embryology and the Midline, Ignition, Listening to Embryonic code cellular level, Listening to pregnant women both the baby and mother, Birth process from Biodynamic Craniosacral perspective. Introduction to Viscera cont.

After module 6: Supervision class on zoom - 4 hrs. (will be scheduled)

Graduation Seminar

Graduation day will include artistic program by the students, Graduation ceremony with certificates blessings and presents. 2 days intro to Visceral and SE.

10-13/04/28

Total: 18 hrs.

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