



SHAILY FEINBERG
Treatments • Trainings • Pro-Seminars

The Israeli Biodynamic
Craniosacral & Polarity Center
The Breath of Life school

Biodynamic Craniosacral Training

Professional certified
Craniosacral Training

Shaily Feinberg

Based on Dr. William Garner Sutherland, Dr. Rollin Becker,
Dr. Randolph Stone and Dr. Franklyn Sills and more.

♥ In appreciation Gratitude and love to my teacher Dr. Andrea Axt ♥



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MODULE 1

Biodynamic Craniosacral Therapy

3 approaches: mechanic - bio mechanic; Biodynamic and Energy based.

"Inherent healing system" - "The Breath of life system": the craniosacral system, base lines, midline. Learning to palpate, to touch and listen. Understanding life movements. Conditional forces & shapes. 3 healing stages of Becker.

Whole body awareness.

Practitioner and relational touch; practitioner – client: deepening into the world of contact & listening. Embodiment awareness. Questioner, how to write and understand a Craniosacral Session. How to explain what Craniosacral Therapy is.

Seminar 1 - 5 days of 8 hrs. each. 40 hrs. Seminar 2 - 5 days of 8 hrs. each. 40 hrs.

1-5/10/23

10-15/12/23

MODULE 2

Rhythms & Tides of the Breath of Life

The 3 Cranial tides of the Breath of life - CRI - MIDTHIDE – LONGTIDE.

Dynamic Stillness, recognizing Health potency and the core of the Blueprint, Transmutation, Therapeutic Hologram. Biosphere and fluid body.

5 days of 8 hrs. each. 40 hrs. 24-28/4/24

MODULE 3

Advanced Biodynamic Craniosacral Therapy

Deepening with the 3 craniosacral approaches. Core-Link; understanding the interrelationship between the dural membranes tension to the bones

Compression-decompression. The SBJ; sphenoid-basilar-junction, occipital-sphenoid dynamic and Physiological and non-physiological patterns and lesions.

Facial dynamic: TMJ; temporal-mandibular Junction, Hyoid bone – tongue and swallowing, hard and soft palate. The Venous Sinuses and blood. Learning to palpate to be present and witness the healing potency and the Inherent wisdom of the Breath of life. Deepening with embodiments and verbal skills.

5 days of 8 hrs. each. 40 hrs. 4-8/8/24

MODULE 4

Biodynamic Craniosacral Therapy Trauma

Different approaches and methods working with Trauma such as: S.E - Peter Levine, Therapeutic Titration, Energy cysts, Trauma and Healing Vortex, T-1, Stress response, Polyvagal Theory and Craniosacral, Craniosacral verbal skills and Trauma, Spinal segments.

Seminar 1 - 5 days of 8 hrs. each. 40 hrs. Seminar 2 - 5 days of 8 hrs. each. 40 hrs.

17-21/10/24

26-30/12/24

MODULE 5

Biodynamic Craniosacral Therapy working with children and other energy-based methods.

Bonding, Secure and all nonsecure Attachment behavior, Polarity Therapy and the relation To Craniosacral Therapy, Butterfly massage of Eva Reich, Metamorphic massage Intro to special needs.

5 days of 8 hrs. each. 40 hrs. 13-17/4/25

MODULE 6

Biodynamic Craniosacral Therapy with Pregnancy, Embryology Birth and after Birth.

Neoreichian Perinatal Approaches for Pregnant Women, Fetuses and Newborns.

Introduction to Embryology and the Midline, Ignition, Listening to Embryonic code cellular level, Listening to pregnant women both the baby and mother, Birth patterns, Birth process from Biodynamic Craniosacral perspective.

5 days of 8 hrs. each. 40 hrs. 3-7/8/25

* The dates are not final. There will be a final update.